

PROSPECTUS



# HAIR REMOVAL METHODS

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## ■ About Us



Beauty is Life Institute™ is a premier beauty and aesthetics training center dedicated to shaping the next generation of industry professionals. With locations in Paarl, Johannesburg, and Krugersdorp, we specialize in empowering individuals with cutting-edge skills, managerial expertise, and entrepreneurial insights to thrive in the dynamic beauty and wellness sector.

Our holistic approach combines the latest advancements in aesthetics with innovative business practices, ensuring our graduates are well-equipped for success.

At Beauty is Life Institute™, continuous learning and professional development are at the heart of everything we do, fostering excellence, innovation, and expertise in every student we train.

## ■ Our Philosophy

Beauty is Life Institute™ is dedicated to shaping the next generation of Health and Skincare professionals. Rooted in respect, integrity, and industry expertise, we combine eco-friendly principles with high-quality, results-driven training.

We mentor and inspire our students to excel in the dynamic beauty industry, offering lifelong support and a focus on excellence. At Beauty is Life Institute™, we don't just teach – we empower careers.



## ■ What does this course entail?

Hair removal therapists are an essential part of the beauty industry for several key reasons. They specialize in various techniques, including waxing, threading, and sugaring, offering clients a range of options to achieve smooth, hair-free skin. Their expertise ensures effective, efficient hair removal, tailored to each client's needs.

In addition to providing a cosmetic service, hair removal therapists significantly enhance their clients' self-confidence and appearance. By helping clients achieve smooth skin, they contribute to improved self-esteem and overall well-being, making clients feel more comfortable and confident in their bodies.

Hair removal therapists are trained to prioritize hygiene and safety throughout the treatment process. They follow strict protocols to maintain cleanliness, ensuring a sanitary experience that minimizes the risk of infection and other complications. By adhering to these standards, therapists provide their clients with peace of mind, knowing that their treatments are not only effective but also safe and hygienic.

The demand for hair removal services remains high across various demographics, making this skill highly sought-after in the beauty industry. Hair removal therapists are highly valued by salons, spas, and beauty clinics, making them a crucial part of the beauty industry workforce. Their ability to provide effective solutions, boost clients' self-confidence, and maintain safety and hygiene makes them essential to the ongoing success and growth of the industry.





# Hair Removal Methods Course Outline:

(US: 377542)

- **Hair Growth Cycle:** Understanding stages and their impact on hair removal.
- **Types of Hair:** Differentiating vellus, lanugo and terminal hair.
- **Hair Growth Patterns:** Assessing direction and density for optimal results.
- **Method Selection:** Comparing waxing, threading, and sugaring, including pros, cons, and suitability for various hair types.
- **Wax and Sugaring Types:** Choosing the right product for specific areas and client needs.
- **Treatment Areas:** Techniques for facial, body, and sensitive regions.
- **Pre and Post-Care:** Preparing skin and preventing irritation.
- **Aftercare Instructions:** Maintaining smooth skin, preventing ingrown hairs, and avoiding irritation or unwanted texture.
- **Contraindications:** Recognizing when hair removal is unsuitable.
- **Adverse Reactions:** Identifying and managing common issues.
- **Threading Techniques:** Basic and advanced methods for precision.
- **Thread Types:** Choosing the right thread for best results.

Where SMOOTH  
RESULTS and EXPERT  
TECHNIQUES unite for  
your success.

## ■ Course Details

Beauty is Life Institute offers expert training in hair removal methods at our locations in Paarl, Johannesburg, and Krugersdorp. Our students have the flexibility to study theory remotely through online classes, with practical sessions held at their nearest Beauty is Life Institute location. This blended learning approach ensures students gain essential industry knowledge and hands-on experience, preparing them for a successful career in the beauty and aesthetics industry.

**Our Paarl Branch:**

Spice Route Destination;  
Suid-Agter-Paarl Road  
Paarl; Western Cape

**Our Johannesburg Branch:**

Honeydew Eco Village  
281 Honeydew Road  
Northriding AH,  
Johannesburg; Gauteng

**Our Krugersdorp Branch:**

Noordheuwel  
210 Bell Drive  
Krugersdorp; Gauteng

## ■ Investment in Your Future

**Cost of Course: R7 500**

**Deposit of R1 200 is required to secure your place in the course.**

**Registration Cost: R550**

**Course Duration: 5 Days**

**The cost of the course includes:**

- All necessary study materials

## ■ S.E.T.A

Nationally Accredited with services S.E.T.A  
Provider code: 23-064943



At Beauty is Life Institute, we are dedicated to empowering the next generation of beauty professionals in hair removal techniques. Our courses are designed to offer a comprehensive education, blending theory with hands-on practice to ensure students gain the knowledge and skills needed to succeed in the beauty and aesthetics industry. We look forward to welcoming you into our community and supporting you every step of the way on your journey to becoming a skilled and successful professional in hair removal.

## Let's Get In Touch

### Contact Us

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